

# Movement Studies 1

(for 5-piece kit)

Steve Hatfield

Play each exercise on the following pages many times working on smooth, relaxed motions. Start slowly keeping in mind that speed will come relatively easily once efficient movement has been obtained. Be sure to follow the sticking patterns closely (left handed drummers should reverse all stickings). To take these exercises a step further, try adding any one of the optional Foot Patterns listed below.

## Key:

Musical notation for the key signature on a five-line staff. The notes are: Snare Drum (first space), Tom 1 (second space), Tom 2 (third space), Tom 3 (fourth space), Bass Drum (fifth space), and Hi-Hat (w/foot) (represented by an 'x' on the bottom line).

## Optional Foot Patterns:

A)

Musical notation for optional foot pattern A, showing a quarter note on the first space of a five-line staff.

B)

Musical notation for optional foot pattern B, showing four quarter notes on the bottom line of a five-line staff, each with an 'x' below it.

C)

Musical notation for optional foot pattern C, showing a quarter note on the first space and a quarter note on the bottom line of a five-line staff, each with a squiggle below it.

D)

Musical notation for optional foot pattern D, showing a quarter note on the first space and a quarter note on the bottom line of a five-line staff, each with a squiggle below it.

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## 4 Notes Per Drum

1)

R L R L R L R L R L R L R L R L

2)

L R L R L R L R L R L R L R L R

3)

R L R L R L R L R L R L R R L R L R L R L R L L L

## 2 Notes Per Drum

4)

R L R L R L R L

5)

L R L R L R L R

6)

R L R L R L R R L R L R L R L L

## 3 Notes Per Drum

7)

R L R L R L R L R L R L

8)



L R L R L R L R L R L R


9)

R L R L R L R L R L R R L R L R L R L L L



# Movement Studies 1-pg.2


## 4 Notes Per Drum

1)  2) 

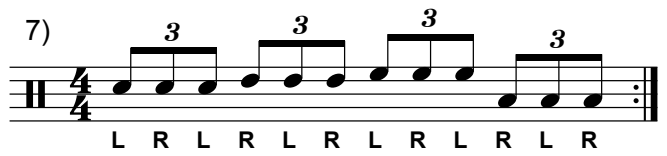
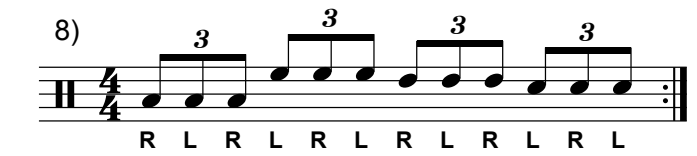
3) 

## 2 Notes Per Drum

4)  5) 

6) 

## 3 Notes Per Drum

7)  8) 

9) 